



Your 
questions
answered.


**TECENTRIQ® +
CHEMOTHERAPY
COMBINATION
THERAPY**
PATIENT
INFORMATION

**Understanding Tecentriq
in your cancer strategy.**



ES-SCLC
TECENTRIQ
+ CARBOPLATIN
+ ETOPOSIDE

 **TECENTRIQ®**
atezolizumab




Being diagnosed with lung cancer can be overwhelming. You probably have many questions about what to expect going forward. The next few pages will provide important answers as you go through your treatment.

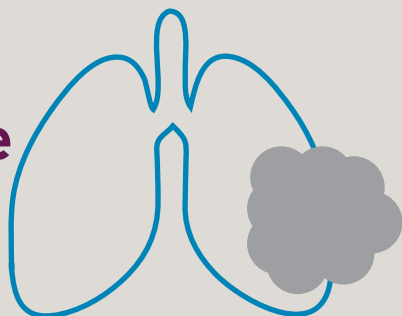
DIAGNOSIS

What now?





Extensive stage small cell lung cancer



Extensive stage small cell lung cancer occurs when cells in your lungs become abnormal, grow out of control, form into cancer and then spread to other areas of the body.

You are being treated with **TECENTRIQ**[®] in combination with chemotherapy.

TECENTRIQ is a treatment that harnesses the power of your body's own immune system to fight cancer.

This is called CANCER IMMUNOTHERAPY.

TECENTRIQ is the **first** cancer immunotherapy approved for the initial treatment of extensive stage small cell lung cancer.



TREATMENT

immuno + chemo

I have been prescribed
a cancer immunotherapy
combined with
chemotherapy.

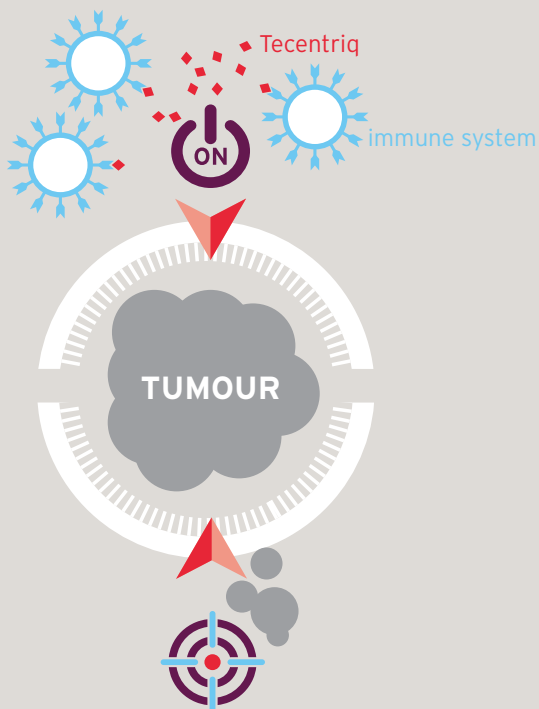
How do they work?

Your treatment fights cancer in two different ways:

TECENTRIQ®

IMMUNOTHERAPY

activates your immune system to recognise, attack and destroy cancer cells.



CHEMOTHERAPY

destroys cancer cells and slows cancer's growth over time. It can also help trigger the immune response to the tumour, helping the cancer immunotherapy treatment work even better.

GOALS



What can I
realistically
expect from
my treatment?

A chance to feel better longer

Combination therapy can help control cancer symptoms longer.

2 TREATMENT PHASES: INDUCTION & MAINTENANCE



Your initial treatment phase includes chemotherapy in combination with TECENTRIQ®. Your doctor will determine how many induction cycles are best for you.



As long as your cancer remains under control, you will receive TECENTRIQ as a maintenance treatment.

You will be monitored throughout your treatment to identify and control side effects quickly.

How can I
prepare for
infusion
day?

PLANNING



MARK YOUR APPOINTMENT DATES ON YOUR CALENDAR!

Write down your questions for your doctor or nurse and be sure to bring them to your appointment.

ARRIVE WELL-RESTED AND FED

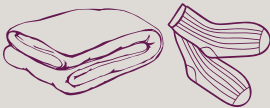
Unless your doctor or nurse has instructed otherwise, you might wish to eat a light meal beforehand in case you experience nausea during treatment.



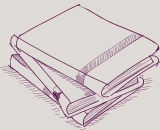
BRING

Fluids & Snacks

Drinking water or juice will keep you hydrated. You may also get hungry during treatment so bring some of your preferred snacks.



Jumper/blanket & warm socks
to put on in case you get cold.

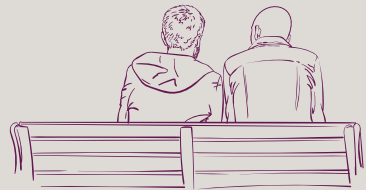


Entertainment

Books, newspapers or magazines
Laptop / tablet with charger
Puzzles and games
Knitting, or similar

WEAR COMFORTABLE CLOTHES

A short-sleeve or V-neck shirt might make it easier to administer your treatment.



IT'S BEST NOT TO GO ALONE

especially to the first infusion. Be sure to ask if it's permitted to bring a companion for support.

PLAN A RIDE HOME

You may find that the medications make you drowsy or cause other side effects that make travelling on your own difficult.

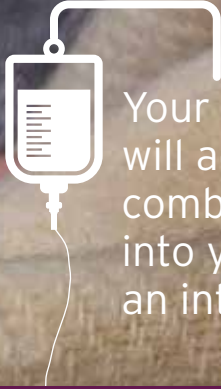
REST AFTER INFUSION

You may feel quite tired or unwell for 2-3 days after infusion, so plan for some immediate rest as you make arrangements for work, children, pets or other commitments.

PATIENT ALERT CARD

You will receive a Patient Alert Card at or before your first infusion. Be sure to keep it with you at all times and show it to any and all healthcare professionals who may treat you.

What does
a typical
infusion day
look like?



Your doctor or nurse will administer TECENTRIQ® combination therapy into your vein through an intravenous line.

INFUSION-DAY

1

CONSULTATION

with your doctor or nurse who will make sure you are fit for treatment. Be sure to ask any questions you have and to tell your doctor or nurse if you are experiencing any symptoms or treatment side effects.

2

PRE-MEDICATION

You will be given medication before treatment to reduce chemotherapy side-effects.

3

Treatment phases

3a

INDUCTION

Every 3 weeks for the number of cycles determined by your doctor

Day 1



~3 hours
in an infusion chair



TECENTRIQ



CHEMOTHERAPY
carboplatin + etoposide

Day 2/3



~1.5 hours
in an infusion chair



CHEMOTHERAPY
etoposide

3b

CHEMO-FREE MAINTENANCE

Every 3 weeks for as long as your cancer remains under control



TECENTRIQ



~1 hour
in an infusion chair

4

MONITORING FOR AN ALLERGIC REACTION

Your nurse will check you for signs of a reaction which can include:

rash

feeling itchy, flushed or short of breath

swelling of your face or lips


feeling dizzy

pain in the stomach, back or chest

feeling unwell

Tell your nurse immediately if you have any of these symptoms during or up to one day after infusion!

It can happen that you may feel pain along the vein. Inform your nurse immediately.



How will I feel
once I'm at home?

AT HOME

People treated with TECENTRIQ® combination therapy usually tolerate the treatment well and are able to continue performing their everyday activities.

As with any other drug, TECENTRIQ combination therapy can affect the normal functioning of your organs and tissues. We call these problems side effects. They can sometimes become serious or life-threatening.

Be sure to inform your doctor or nurse of any side effects, so he/she can help you manage and treat them.

How can I best take care of myself between treatments?



ACCEPT SUPPORT

Establish a network of caregivers - family and friends whom you can lean on for physical, emotional and mental support.



EAT A BALANCED, HEALTHY DIET

Your body needs to get enough protein and calories to heal tissues and fight infections during treatment.

Because treatment side effects may affect your appetite and make eating difficult, try to eat five or six small healthy meals throughout the day, instead of three larger meals.

Also, don't forget to stay hydrated!




GET SOME EXERCISE AND FRESH AIR

Gentle exercise can help reduce stress and fatigue, and even help you feel like eating. Outdoor, daytime activity can also help you get better nighttime sleep. Speak with your doctor about how much is good for you.



REST

You may feel more tired than usual during treatment. Try to get as much sleep at night as you feel you need to get you going during the day. During the day, try to stay as physically active as possible, but do take short breaks if you feel too tired.



When should
I call my
doctor
or nurse?

SAFETY INFORMATION

CALL RIGHT AWAY

if your side effects become worse, or you develop new side effects.

DO NOT try to treat symptoms yourself!

POSSIBLE SIDE EFFECTS

You may experience one or several of the side effects listed below.

The most common side effects are in bold.

Always be alert for any new symptoms, particularly in the first 2-3 days after treatment. Be sure to get instructions from your doctor or nurse regarding the specific symptoms you should look out for and immediately report them to the emergency contact the hospital provides. Getting medical treatment right away may help keep these problems from becoming more serious!

EYES

- Altered eyesight
- Double vision
- Eyes more sensitive to light
- Whites of eyes more yellow
- Sore and/or red eyes

MOUTH AND HEAD

- More thirsty than usual
- Sore or dry mouth
- Feeling faint or dizzy
- Unusual, enduring headaches
- Stiffer neck than usual

STOMACH AND BOWELS

- **Altered appetite**
- **Nausea and vomiting**
- **Constipation**
- **Diarrhoea**
- Black, tarry stools with blood or mucus
- Stomach pain

GENERAL

- **Fever**
- **Ulcers in the mouth, nose, throat or genital area**
- Fatigue or confusion
- Feeling colder than normal
- Weight loss/gain
- Changes in behaviour
- Feeling generally unwell
- Exercise is more difficult than usual

SKIN AND HAIR

- **Itchy skin or rash**
- Yellowish skin
- Skin losing some colour
- Abnormal bleeding or bruising
- Abnormal sweating
- Hair loss
- Blistering or peeling skin
- Increased heat/cold sensitivity
- Flushing skin

THROAT, CHEST & HEART

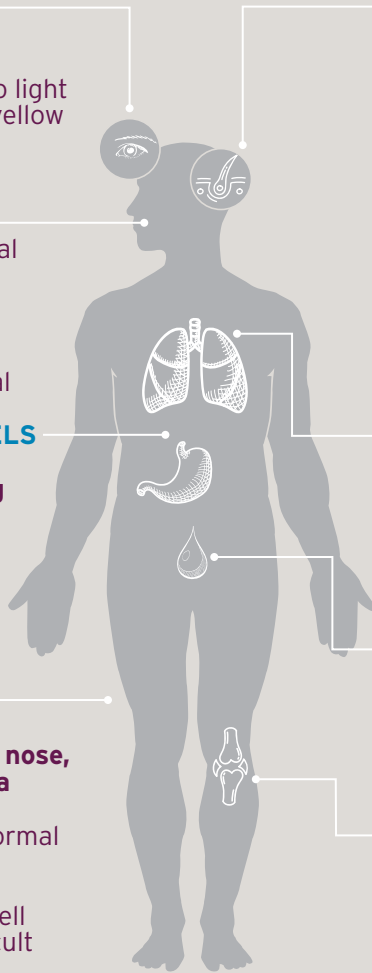
- **New or worse cough**
- Deeper voice
- Shortness of breath
- Chest pain
- Rapid or irregular heartbeat

URINE

- Abnormal colour and amount of urine
- Increased production of urine at night

MUSCLES, NERVES, JOINTS AND LEGS

- **Weak, aching muscles**
- **Numbness or tingling of the hands and feet**
- Swollen legs



Because many of these side effects can also occur from other causes that would require different treatments, make sure all your nurses and doctors know - including your family doctor - that you are or were on immunotherapy.

Always show your Patient Alert Card!

Where can I find more information and support?

TECENTRIQ® PRODUCT INFORMATION

www.cancertreatments.co.nz

www.medsafe.govt.nz

LUNG CANCER INFORMATION

www.health.govt.nz

PATIENT SUPPORT

www.cancernz.org.nz

OTHER LINKS

www.lungfoundation.org.nz

Important Contacts

Your doctor or nurse will highlight the most important numbers for you to call.

Doctor

Nurse

Oncology ward

Acute oncology service

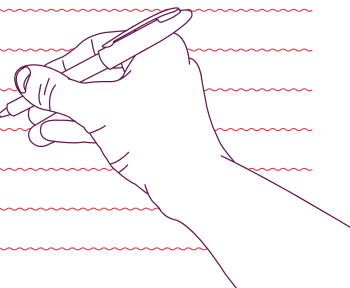
After-hours contact number

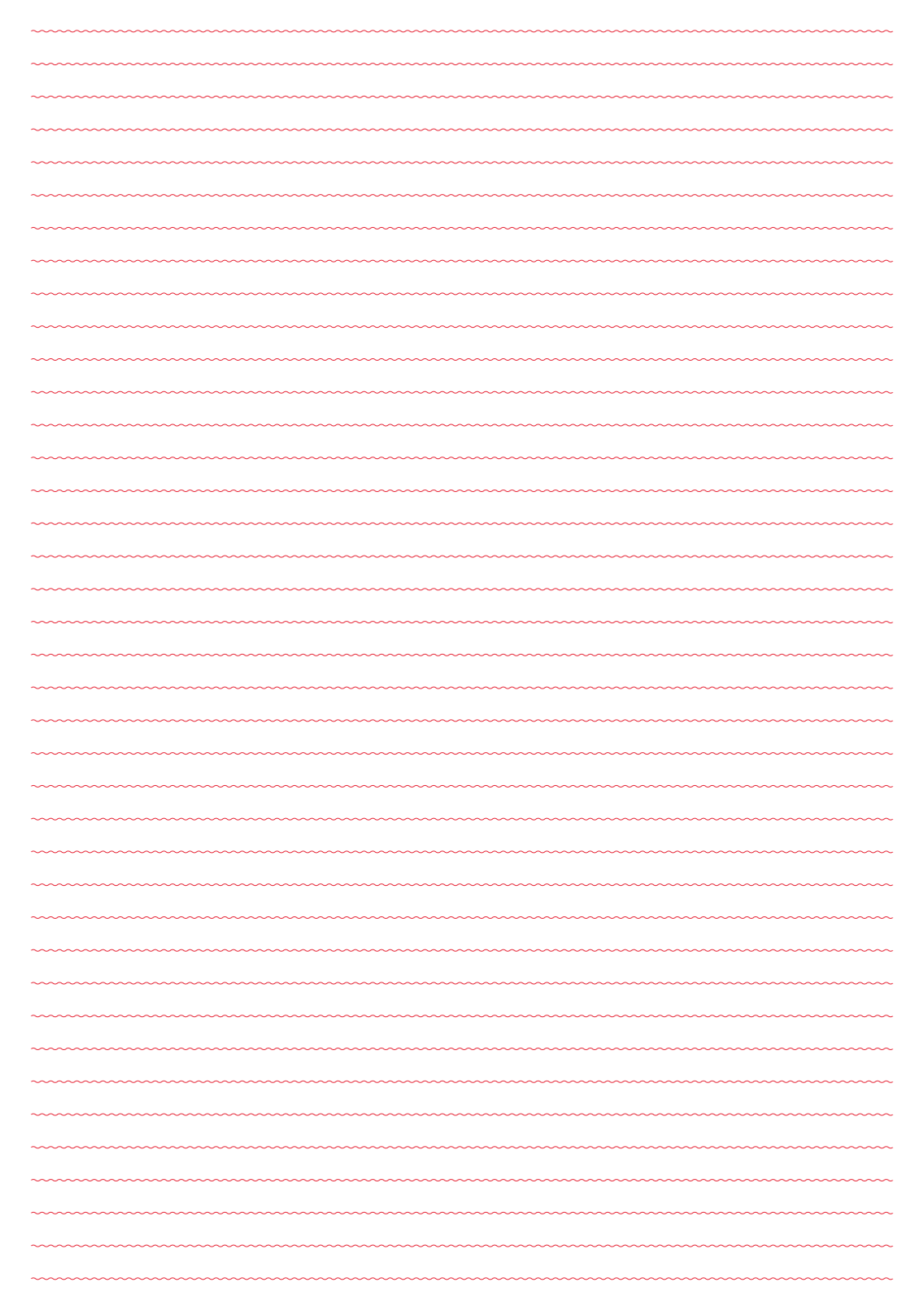
Accident & Emergency number

Patient support line

Other information

notes







Longer symptom
control
is possible together.



Tecentriq® (atezolizumab) 1200mg/20mL and 840mg/14ml is a **Prescription Medicine** used for advanced or metastatic (spreading) non-small cell lung cancer, extensive stage small-cell lung cancer, advanced or metastatic urothelial (bladder and urinary system) cancer and advanced or metastatic triple negative breast cancer.

Tell your doctor if: you have immune system problems such as Crohn's disease, ulcerative colitis, or lupus; you have inflammation of the lungs (pneumonitis); you have liver problems, such as hepatitis; you have thyroid problems; you are taking other medicines; you have allergies to any other medicines, foods, preservatives or dyes; you are pregnant or breastfeeding or plan to become pregnant or breastfeed. Tell your doctor right away if you become pregnant during treatment with Tecentriq.

Tell your doctor immediately if you notice any of the following signs and symptoms: inflammation of the lungs (new or worsening cough, shortness of breath and chest pain); inflammation of the liver (yellowing of skin or eyes, nausea, vomiting, bleeding or bruising, dark urine, and stomach pain); inflammation of the intestines (diarrhoea, blood in stools, and stomach pain); inflammation of the thyroid, pituitary and adrenal glands (tiredness, weight loss, weight gain, changes in mood or behaviour, visual disturbances, increased sensitivity to cold or heat, slow or rapid heart rate, hair loss, constipation, headache, and dizziness); type 1 diabetes mellitus (feeling more hungry or thirsty than usual, need to urinate more often, weight loss, and feeling tired); inflammation of the brain or spinal cord (neck stiffness, headache, fever, chills, vomiting, eye sensitivity to light, confusion and sleepiness); inflammation of the nerves (muscle weakness, numbness or tingling in hands and feet); inflammation of the pancreas (abdominal pain, nausea and vomiting); inflammation of the heart muscle (shortness of breath, feeling tired, irregular heart beat or chest pain); inflammation of the kidneys (dark and/ or frothy urine, high blood pressure, swelling to face, feet, legs and hands; inflammation of muscles (muscle pain or stiffness or skin rash); infusion reactions (fever, chills, shortness of breath and flushing).

Possible common side effects may also include: loss of appetite; diarrhoea; shortness of breath; itching of the skin; nausea; fever; rash; chills; vomiting; difficulty swallowing; flu-like symptoms; nasal congestion; stomach, back, muscle, bone, joint or throat pain; cough; sore throat; tiredness; common cold; headaches; being short of breath when exercising; urinary tract infection; lung infection; dizziness, light-headedness, looking pale, fainting; bleeding or bruising; mouth ulcers and/or cold sores; constipation; numbness or weakness of the arms and legs; high blood pressure; hair loss; a change in the way things taste.

Tecentriq has risks and benefits. Ask your doctor if Tecentriq is right for you. Use strictly as directed. If symptoms continue or you have side effects, see your healthcare professional. For further information on Tecentriq, please talk to your health professional or visit www.medsafe.govt.nz for Tecentriq Consumer Medicine Information.

**Tecentriq is not funded by PHARMAC. You will need to pay the full cost of this medicine.
A prescription charge and normal oncologist fees may apply.**

Consumer Panel dated 2 March 2020.